

Basic Somatic Transformation

A Relational and Body-Centered Approach to Healing Trauma

NOW OPEN FOR APPLICATION

2020/2021

Welcome to Somatic Transformation! We are excited to share this amazing professional and personal journey with you. The following information will help you prepare for the training and clarify the relationships we are building and the responsibilities involved. Upon acceptance into the program and your registration, you have committed to this journey of learning with Sharon and a small group of colleagues. You are also committing to the total cost of the training sequence.

Each Module will be a combination of didactic presentation, dialogue, demonstration, practice sessions, and reflective learning processes. There will be several facilitators participating in the training. Facilitators have successfully completed the Somatic Transformation Training Program, use Somatic Transformation in their own practice, and have facilitated at one or more previous programs.

Each participant will receive a certificate of attendance for each Module of two days of training. A certificate of completion will be presented at the end of the one-year program. To earn additional certification as a Somatic Transformation Practitioner, participants are required to have a number of personal sessions and hours of consultation. The specifics of certification are available on our website to accepted students.

We will meet on **Fridays and Saturdays** at Sharon's office and teaching space.

The location is within walking distance from the ferry from Seattle:

213 Madison Avenue North, Bainbridge Island, WA 98110.

APRIL 3-4, 2020

JUNE 5-6, 2020

OCTOBER 2-3, 2020

DECEMBER 4-5, 2020

JANUARY 8-9, 2020

MARCH 5-6, 2021

OCTOBER 1-2, 2021

NOVEMBER 5-6, 2021

We will meet **at 9AM to 5PM**. We will provide tea and light snacks during breaks. We will enjoy a ninety-minute lunch break, providing time to enjoy a meal and a walk. There are many restaurants and coffee shops within easy walking distance.

Certificate & Continuing Education Credits

Each participant will receive a certificate of attendance for each two-day Module. A certificate of completion will be presented at the end of the one-year course.

The course is approved for **96 CEUs** through Washington State Society of Clinical Social Work. Each Module provides 12 CEUs.

Registration & Fees

Each two-day module is \$650. A registration fee of \$650 is applied to the cost of the first module. Each subsequent module payment of \$650 is due prior to attending the next module. Pay via PayPal or by check using the information provided under the **payments** Tab

Please note that in registering for this course, you are committing to a year of learning and to the total cost of the program, \$5,200. In the event that you cannot attend a module due to an emergency, your payment for the module missed will be applied to the module in the next cycle of training

Lodging & Attendance

If you are staying on Bainbridge Island, you can choose from three hotels and several bed & breakfast options. You can find these options at [visitbainbridge.com/category/lodging](https://www.visitbainbridge.com/category/lodging). Furthermore, you may find many listings on vrbo.com or airbnb.com.

For those commuting from Seattle, we recommend taking the 7:55AM ferry from Seattle's Coleman dock, and returning on the 5:30PM Bainbridge sailing. The

crossing takes approximately 35 minutes, and we suggest arriving early if you are boarding by car as these are commuter sailing times, and there are no reservations. You can find a full ferry schedule at wsdot.wa.gov/ferries/schedules. Again, the teaching space is within walking distance of the Bainbridge terminal. During the training, participants are asked to turn off cell phones or any other distractions. Of course, you are welcome to use your personal devices during breaks.

Contact

For further information, please email the Course Coordinator, Cheryl Petra at cheryl@somatictransformation.com or Kris at Kris@somatictransformation.com